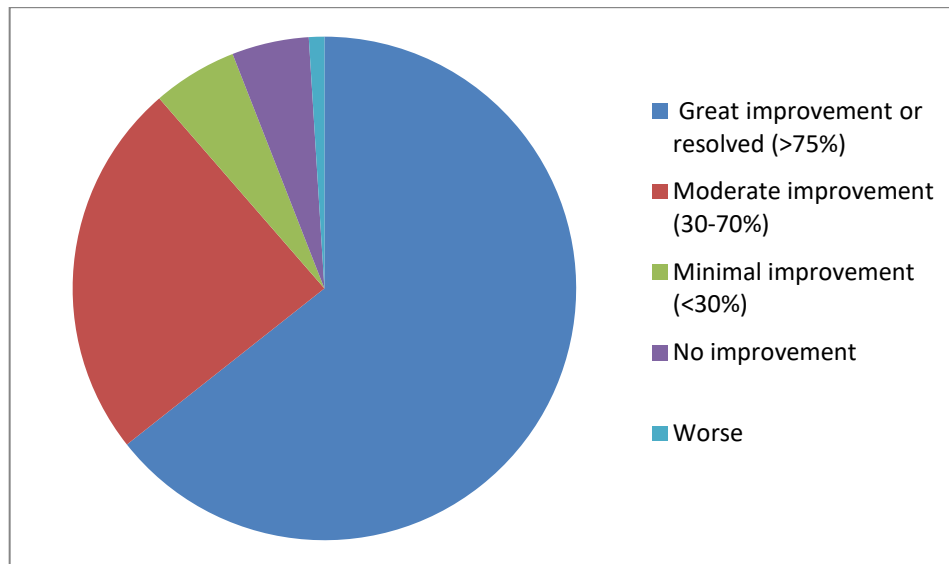


OUTCOMES REPORT – 2016

Sample: All adult patients who were discharged from 01 January 2016 – 31 December 2016.

This includes patients who completed their course of treatment, those who improved to the point where they completed their initial treatment programme and chose to come for maintenance care (approx 25%), those who ceased treatment (e.g. due to inadequate response, lack of finance, moving to a different area, etc), and those who were referred back to their GP/other specialist (6.5%).

Outcome measure: Patient Global Impression of Change (PGIC)



<u>PATIENT OUTCOMES</u>	%
Resolved (100%)	21.8
Great improvement (>75%)*	42.6
Moderate improvement (30-70%)**	24.3
Minimal improvement (<30%***)	5.4
No improvement***	5.0
Worse***	1.0

Average number of treatments per case before discharge/conversion to maintenance = 3.4

* Many patients are discharged when they have made >75% improvement, with the instruction to consult us again if their condition doesn't fully resolve. In most cases we anticipate that a full recovery will be made, but the outcome is recorded as that at the patient's last visit.

** Although in some cases 30-70% improvement might reflect a slightly disappointing outcome, very often it reflects our greatest success. Management of long term pain and disability is a very rewarding aspect of our work, often enabling patients to become more active, to enhance self management of their condition, and to reduce dependence on medication. For this category of patient, a moderate improvement can make significant difference to their quality of life.

*** Unfortunately, we are unable to help everyone, and some conditions deteriorate due to their natural history despite our best efforts. These patients are referred back to their GP, or on to a specialist. In 2016, 6.5% of patients consulting us were referred due to lack of improvement. At Haslemere Chiropractic we have a protocol of reassessing patients for adequate progress on or before their 4th visit, and this is often when the decision to make a specialist referral is made. Our average number of treatments per case (3.4) suggests that we are adhering to this reassessment protocol.